



Sequoia MD

Welcome to Sequoia MD! We are honored to support you on your journey toward recovery. We understand that seeking help for substance use can be accompanied by anxiety and uncertainty. Our goal is to provide compassionate, patient-centered care to help you achieve a healthy, meaningful life.

What to Expect Next

You can expect a call from us within 1-2 business days to schedule your initial appointment. During this call, we will:

- Confirm your contact information.
- Discuss available appointment times.
- Answer any immediate questions you may have.

In the meantime, please feel free to register yourself at www.sequoiamd.com and hit "Sign Up" in the upper right corner of the page.

Our Approach to Substance Abuse Treatment

At Sequoia MD, we offer outpatient addiction treatment services tailored to your needs and situation.

- Medication-Assisted Treatment (MAT): We utilize FDA-approved medications such as Suboxone, Vivitrol, and others to help manage withdrawal symptoms and reduce cravings.
- Comprehensive Support: Our team provides ongoing support, including counseling and behavioral therapies, to address the underlying causes of addiction.

You can expect to find a safe, accepting, and understanding environment. We'll meet you where you are now, no matter where that is. Seeking treatment for substance use can be daunting. We understand the challenges you face and are here to support you without judgment.

Your privacy is of utmost importance to us. All your information and treatment details are kept confidential.

Payment Information

We offer transparent, membership-based pricing for our services, which is \$225/month. This includes everything we provide: office visits, phone calls, video visits, text messages, and email. There's no such thing as a co-pay or deductible at our office, just a fixed monthly rate.

Your Initial Appointment

Your first visit is designed to establish a comprehensive understanding of your health and recovery goals.

Here's what you can expect:

- Comprehensive Assessment: We will discuss your medical history, substance use, and any current concerns.
- Collaborative Planning: Together, we will develop a personalized treatment plan that aligns with your goals.
- Support and Resources: We will provide information on additional resources and support systems to assist you in your recovery.

Parking is available onsite, and our office is fully accessible. If you have any questions before your appointment, please feel free to reach out.

Additional Information

- Cancellations: If you need to reschedule or cancel your appointment, please notify us at least 24 hours in advance.
- What to Bring: A government-issued ID, any recent lab results, and a list of medications you're currently taking.
- Support: If you'd like to bring a family member or friend to your visit, they are welcome.

We are committed to providing compassionate, personalized care to support you throughout your recovery journey. We look forward to meeting you.